

Time Difference Chart - US & Canada

Japan Time	US				Canada	
	Lewis and Clark College	Juniata College Manchester University	Buena Vista University St. Olaf College University of Wisconsin, Milwaukee	University of Hawaii, Maui	St. Thomas University	
Class [Mon. A] Monday, 10:30 a.m.~noon	Summer Time Sunday, 6:30 p.m. ~ 8:00 p.m.	Sunday, 9:30 p.m. ~ 11:00 p.m.	Sunday, 8:30 p.m. ~ 10:00 p.m.	Sunday, 3:30 p.m. ~ 5:00 p.m.	Sunday, 10:30 p.m. ~ midnight	
	Standard Time Sunday, 5:30 p.m. ~ 7:00 p.m.	Sunday, 8:30 p.m. ~ 10:00 p.m.	Sunday, 7:30 p.m. ~ 9:00 p.m.	Sunday, 3:30 p.m. ~ 5:00 p.m.	Sunday, 9:30 p.m. ~ 11:00 p.m.	
Class [Thu. A] Thursday, 10:30 a.m.~noon	Summer Time Wednesday, 6:30 p.m. ~ 8:00 p.m.	Wednesday, 9:30 p.m. ~ 11:00 p.m.	Wednesday, 8:30 p.m. ~ 10:00 p.m.	Wednesday, 3:30 p.m. ~ 5:00 p.m.	Wednesday, 10:30 p.m. ~ midnight	
	Standard Time Wednesday, 5:30 p.m. ~ 7:00 p.m.	Wednesday, 8:30 p.m. ~ 10:00 p.m.	Wednesday, 7:30 p.m. ~ 9:00 p.m.	Wednesday, 3:30 p.m. ~ 5:00 p.m.	Wednesday, 9:30 p.m. ~ 11:00 p.m.	